

## Cold Weather Guidelines

Please note that high wind or other factors may at times lead to the decision to have students stay indoors, or to have abbreviated outdoor recess, even if temperatures are higher than listed below.

Outdoor Temperature	Action
-10 °C	PreK3, PreK4, Kindergarten & Grade 1 will stay inside
-15 °C	All Elementary students will stay inside
-20 °C	Elementary students may elect to stay home*
-25 °C	All ISL students may elect to stay home*

*\*ISL does not close due to cold temperature. Classes will run as usual for students that come to school.*

## Daily Outdoor Recess Guidelines

Research shows that recess contributes to increased physical and mental well-being, and also leads to improved classroom behavior and academic performance. All Elementary School students spend recess time outdoors every day, weather permitting. Therefore, it is imperative that students come to school with proper outdoor clothing for daily outdoor recess.

Parents are asked to refrain from requesting that their children stay indoors. If parents deem their children too ill to participate in daily school activities (e.g. recess, PE), then they should not attend school until able to participate.