

Required Medical Forms

All students enrolled at ISL must have the following completed prior to attending classes for the beginning of each school year:

1. Completed ISL medical forms:

- Emergency Contact Information – *to be completed by parents*
- Medical History Form – *to be completed by parents*
- Physical Exam Form – *to be completed by child's physician*
- Allergy Form – *to be completed by parents, if applicable*
- Asthma Form – *to be completed by parents, if applicable*

2. An annual physical exam:

This must be done every year by your child's physician. Your child will not be allowed to participate in after school sports clubs without this. The included *Physical Exam Form (Veselības stāvokļa novērtējums)* is in both Latvian and English for your physician's convenience.

3. Proof of up-to-date vaccinations:

ISL follows immunization recommendations from the World Health Organization which also adheres to local Latvian law. Every student must have proof of vaccinations for: Hepatitis B, diphtheria, tetanus, pertussis, polio, measles, mumps, rubella, and H. Influenza. Student's must also have annual proof of a negative tuberculosis test (either a negative Mantoux skin test or a negative chest x-ray). We also strongly recommend vaccinations for: varicella, Hepatitis A, Tick-Borne Encephalitis, influenza, and typhoid.

If you need any assistance completing these forms or have any questions, please contact our School Nurse at (371) 67755146 or by email at kmuzikants@isl.edu.lv. Please return completed forms to either the School Nurse or to the Administration Office.

Thank you for your understanding in completing these forms!