Required Medical Forms

All students enrolled at ISL must have the following completed prior to attending classes for the beginning of each school year:

1. Completed ISL medical forms:
   - Emergency Contact Information – to be completed by parents
   - Medical History Form – to be completed by parents
   - Physical Exam Form – to be completed by child’s physician
   - Allergy Form – to be completed by parents, if applicable
   - Asthma Form – to be completed by parents, if applicable

2. An annual physical exam:
   This must be done every year by your child’s physician. Your child will not be allowed to participate in after school sports clubs without this. The included Physical Exam Form (Veselības stāvokļa novērtējums) is in both Latvian and English for your physician’s convenience.

3. Proof of up-to-date vaccinations:
   ISL follows immunization recommendations from the World Health Organization which also adheres to local Latvian law. Every student must have proof of vaccinations for: Hepatitis B, diphtheria, tetanus, pertussis, polio, measles, mumps, rubella, and H. Influenza. Student’s must also have annual proof of a negative tuberculosis test (either a negative Mantoux skin test or a negative chest x-ray). We also strongly recommend vaccinations for: varicella, Hepatitis A, Tick-Borne Encephalitis, influenza, and typhoid.

If you need any assistance completing these forms or have any questions, please contact our School Nurse at (371) 67755146 or by email at kmuzikants@isl.edu.lv. Please return completed forms to either the School Nurse or to the Administration Office.

Thank you for your understanding in completing these forms!