



Preschool - Grade 2  
January



Monday	Tuesday	Wednesday	Thursday	Friday
		3 <i>Snack</i> – Cereal w/milk, Bananas <i>Lunch</i> – Chicken Drumstick Rice Fresh Vegetables Carrot Pumpkin Cream Soup Fruit	4 <i>Snack</i> – Cheese Toast, Cucumbers <i>Lunch</i> – Chicken Patty Pasta Cucumber tomato salad Bean Lentil Soup Yogurt	5 <i>Snack</i> – Toast w/jam or cottage cheese <i>Lunch</i> – Oven-roasted Pork Mashed Potatoes Seasonal vegetable salad Red Beet Soup Fresh fruit
8 <i>Snack</i> – Toast w/jam <i>Lunch</i> – Chicken fillets Rice Carrot Salad Beef Noodle Soup Fruit	9 <i>Snack</i> – Homemade Berry Muffin Banana <i>Lunch</i> – Steamed Beef Oven-roasted Potatoes Steamed Broccoli Chicken Noodle Soup Panna Cotta	10 <i>Snack</i> – Cheese Cucumber Tomato sandwich <i>Lunch</i> – Spaghetti Beef Bolognese sauce Seasonal vegetables Tomato Noodle Soup Berry Dessert	11 <i>Snack</i> – Sausages w/bread Cucumbers, tomatoes <i>Lunch</i> – Steamed Turkey fillet Buckwheat Cucumber Tomato Salad Chicken Meatball Soup Orange slices	12 <i>Snack</i> – Pancakes w/jam <i>Lunch</i> – White Fish Fillet Pasta w/cheese Steamed Broccoli Vegetable Cream Soup Dessert “Debessmanna”
15 <i>Snack</i> – Cereal w/milk, Bananas <i>Lunch</i> – Chicken Drumstick Rice Fresh Vegetables Carrot Pumpkin Cream Soup Fruit	16 <i>Snack</i> – Cheese Toast, Cucumbers <i>Lunch</i> – Chicken Patty Pasta Cucumber tomato salad Bean Lentil Soup Homemade Muffin	17 <i>Snack</i> – Toast w/jam or cottage cheese <i>Lunch</i> – Oven-roasted Pork Mashed Potatoes Seasonal vegetable salad Red Beet Soup Fresh fruit	18 <i>Snack</i> – Oatmeal or Yogurt w/muesli <i>Lunch</i> – Turkey Patty Boiled Potatoes Beet salad Autumn Vegetable Soup Fresh fruit	19 <i>Snack</i> – Scrambled or Hard-boiled Eggs <i>Lunch</i> – Chicken sausages Oven-roasted Potatoes Steamed vegetables Tomato Cream Soup Fresh Fruit
22 <i>Snack</i> – Toast w/jam <i>Lunch</i> – Chicken fillets Rice Carrot Salad Beef Noodle Soup Fruit	23 <i>Snack</i> – Homemade Berry Muffin Banana <i>Lunch</i> – Steamed Beef Oven-roasted Potatoes Steamed Broccoli Chicken Noodle Soup Panna Cotta	24 <i>Snack</i> – Cheese Cucumber Tomato sandwich <i>Lunch</i> – Spaghetti Beef Bolognese sauce Seasonal vegetables Tomato Noodle Soup Berry Dessert	25 <i>Snack</i> – Sausages w/bread Cucumbers, tomatoes <i>Lunch</i> – Steamed Turkey fillet Buckwheat Cucumber Tomato Salad Chicken Meatball Soup Orange slices	26 <i>Snack</i> – Pancakes w/jam <i>Lunch</i> – White Fish Fillet Pasta w/cheese Steamed Broccoli Vegetable Cream Soup Dessert “Debessmanna”
29 <i>Snack</i> – Cereal w/milk, Bananas <i>Lunch</i> – Chicken Drumstick Rice Fresh Vegetables Carrot Pumpkin Cream Soup Fruit	30 <i>Snack</i> – Cheese Toast, Cucumbers <i>Lunch</i> – Chicken Patty Pasta Cucumber tomato salad Bean Lentil Soup Homemade Muffin	31 <i>Snack</i> – Cheese Cucumber Tomato sandwich <i>Lunch</i> – Spaghetti Beef Bolognese sauce Seasonal vegetables Tomato Noodle Soup		