



Health Notification

Scarlet Fever

What is it? Scarlet Fever (skarlat na) and Strep throat (angina) are both caused by the same Streptococcus bacteria. This is contagious especially in school settings and is spread from child-to-child through respiratory droplets when sneezing and coughing.

What are the symptoms? Every child is different! Typically, strep throat will cause a reddened sore throat, fever $>38.3^{\circ}\text{C}$, and swollen glands in the neck. Some children however will also get a very distinct rash that looks like a sunburn with tiny bumps which may itch. This rash, known as Scarlet Fever, is usually seen on the chest, neck and face. Some children may have very mild symptoms or may simply have a stomach ache.

How is it treated? Both Strep throat and Scarlet Fever need antibiotics. It is very important if you suspect your child may have any of these symptoms to go see your doctor and get tested for "strep throat". Other comfort measures that help alleviate symptoms are plenty of rest, lots of fluids and ibuprofen for throat pain and fever.

ISL Policy

- If your child has any of the above symptoms, please keep your child at home & notify the School.
- Children may return back to school only once they are completely fever-free and symptom-free for 24 hours.
- Always consult with your child's doctor regarding your child's medical care.